



Occupational Health Services

Ergonomic Workstation Evaluations

We offer both Industrial and Office Workstation Evaluations. Prevent injuries and improve efficiencies by minimizing musculoskeletal fatigue through postural and work-habit modifications.

Job Task Analysis

By quantifying all physical demands of a job, you are able to establish accurate job descriptions and minimum fitness criteria for employment.

Work Risk Analysis

Our qualified physical therapists can identify the musculoskeletal risks for an employee or particular job and suggest possible changes in behavioral and engineering controls to minimize risk factors.

Injury Consultation

Review OSHA logs and injury spreadsheets with a Physical Therapist who can help correlate injuries with risk factors and solutions. This involves components of the work risk analysis as well.

Ergonomic Committee Establishment

Let us help you build an effective ergonomic committee from the ground up! This may be in addition to or in place of an existing safety committee. Our physical therapists can monitor committee projects and provide consultation on a weekly or monthly basis.

Job Coaching

By observing high-risk employees perform their jobs, we are able to suggest behavioral modifications, discuss use/rest cycles and provide appropriate stretches to minimize muscle fatigue.

Stretching and Fitness Programs

Check out some of the existing programs we have created for large and small companies. We can customize them for your specific jobs. Watch your injuries decrease as your employees become healthier.

Physical Therapy

Encourage your employees to utilize one of our six outpatient clinics in Pawtucket, Providence, East Providence and Barrington. We understand the workers compensation system and make treatment activities functional to promote a safe return-to-work in an optimal time frame. We strongly encourage communication between the physical therapist and the employer to help you keep tabs on progress!

Please contact our Director of Occupational Health, Catie McClusky, DPT at:

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Performance Physical Therapy

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